

3-5 year old Sample Daily Schedule

Morning Session	Activities	Details
First	Arrival	Put personal belongings in cubby
7-9am	Morning Learning Centers (all open)	 Wash hands Light projector with transparent blocks Breakfast prep in dramatic play kitchen Children signing in and journaling Worm hunt Flower extracted paint and self portrait mirrors
8:30-8:50am	Breakfast	Fresh fruitMilkGranola with yogurt
9-9:15am	Morning Gathering	 Sing 'The more we get together' with sign language Yesterday's recap Today's plan Investigation of the day: worms Story: <u>Early Worm</u>
9:15-10:15am	Explorations at Learning Centers	 Beautiful stuff wash and sort Water matters: volume conservation study Use our bodies to create alphabet sculptures Worms: harvesting compost for classroom plants Measure length of found objects with plastic measuring worms Magnifying lenses study of worms, documentation: colored pencils Clean up
10:15-11:15am	Morning Park Adventure weather permitting	 Play partners walk as insects Park planning meeting between pine trees to discuss activities, safety, and boundaries Clipboard journaling of plant life obstacle course

11:15-11:30am	Pre Lunch Activities	 water play yoga session on hilltop park departure meeting between pine trees: sharing and pedestrian safety review <u>Diary of a Worm</u> and additional worm books for independent reading Wash up for lunch
11:30am-12:00pm	Lunch	Harvest vegetable lasagnaFresh fruit smoothieBison meatballs
12:15pm	Half Day Class Pick Up	Collect personal belongingsWhole class sings good bye song
Continued Full Day	Activities	Details
12:15-12:30pm	Independent Reading	 Book bin, library, worm books, felt board, and puppets available
12:30-2:30pm	Rest Time	 12:30-1:30pm rest on cots 1:30-2:30pm quiet learning centers open for non sleepers
2:30-3:00pm	Snack	Fresh fruit and raw veggies with homemade dipping saucesWater
3:00-4:00pm 4-4:30pm	Afternoon Park Adventure weather permitting bring learning center materials Mon-art Tues-science Wed-math Thurs-literacy Fri-dramatic play Afternoon Gathering	 Play partners walk as insects Park planning meeting between pine trees to discuss activities, safety, and boundaries Literacy bag: books, puppets, clipboards, writing materials, literacy activity binder Obstacle course Yoga session on hilltop Park departure meeting between pine trees: sharing and pedestrian safety review Today's recap
·		 Tomorrow's planning Movement and Music Story: <u>Diary of a Worm</u>
4:30-5:30pm	Explorations at Learning Centers	 Beautiful stuff combined with blocks for building and paper "save-it" signs for finished structures light table: watercolor bottles light projector: drawings on transparent paper Assemble alphabet body sculpture

		 book Tend to garden Worm study extension Paint brush washing station Student Room Inspectors supervise clean up
5:30-6pm	Wrap-up Activities	 Creative movement and theater play: "magic chest", "bubble painting" 'Willable Wallabe; finger play song Good bye song with sign language