

August

Lunch Vegetarian

Monday	Tuesday	Wednesday	Thursday	Friday
31 Pasta Primavera w/ Marinara & Black Beans (VEG & V)	1 Grilled Tofu & Cheese Sandwich (VEG)	2 Cheese Pizza (VEG)	3 Bean & Vegetable Tacos (VEG)	4 Vegetable & Cheese Sandwich (VEG)
7 Pasta w/ Vegetable Bolognese & Beans (VEG & V)	8 Wow Butter & Jelly Sandwich (VEG & V)	9 Tofu Teriyaki w/ Rice (GF, VEG & V)	10 Grilled Cheese (VEG)	11 Vegetable & Hummus Caesar Wrap (VEG)
14 Vegetable & Tofu Stir-Fry (GF, VEG & V)	15 Curry Tofu Salad Sandwich (VEG & V)	16 Mac & Cheese (VEG)	17 Mexican Lasagna w/ Chickpeas & Vegetables (GF & VEG)	18 Vegetable & Bean Pasta Salad (VEG)
21 Pasta w/ Beans & Vegetables (VEG & V)	22 Vegetable & Cheese Sandwich (VEG)	23 Bean & Cheese Quesadilla (GF & VEG)	24 Black Bean Burger (VEG & V)	25 Vegetable & Hummus Caesar Wrap (VEG)
28 Sloppy Joes w/ Vegetables & Chickpeas (VEG & V)	29 Vegetable & Bean Pasta Salad (VEG)	30 Vegetable & Bean Chili w/ Oyster Crackers (VEG & V)	31 Lentil & Chickpea Balls w/ Mashed Potatoes (GF, VEG, & V)	1 Grilled Tofu & Cheese Sandwich (VEG)

All lunches are served with fresh fruit and vegetables.

GF = Gluten-Free

VEG = Vegetarian

DF = Dairy-Free

V = Vegan

