

August

Lunch Gluten-Free

Monday	Tuesday	Wednesday	Thursday	Friday
31 Pasta Primavera w/ Marinara, Black Beans, & GF Pasta (GF, VEG, & V)	1 Grilled Chicken Sandwich w/Cheese (GF)	2 Bean & Cheese Quesadilla (GF & VEG)	3 Chicken Taco (GF)	4 Roast Beef & Cheese Sandwich on GF Bread (GF)
7 Pasta w/ Beef Bolognese Sauce (GF)	8 Wow Butter & Jelly Sandwich on GF Bread (GF, VEG, & V)	9 Chicken Teriyaki w/ Rice (GF)	10 Grilled Cheese on GF Bread (GF & VEG)	11 Chicken Caesar Wrap (GF)
14 Chicken Stir-Fry (GF)	15 Turkey & Vegetable Sandwich on GF Bread (GF)	16 Mac & Cheese w/ GF Pasta & Sauce (GF & VEG)	17 Mexican Lasagna w/ Beef (GF)	18 Chicken Pasta Salad w/ GF Pasta (GF)
21 Chicken Alfredo w/ GF Pasta (GF)	22 Roast Beef & Cheese Sandwich on GF Bread (GF)	23 Chicken Quesadilla (GF)	24 Cheeseburger w/ GF Bread (GF)	25 Turkey Caesar Wrap (GF)
28 Sloppy Joes w/ Beef on GF Bread (GF)	29 Chicken Pasta Salad w/ GF Pasta (GF)	30 Turkey Chili w/ GF Bread (GF)	31 Lentil & Chickpea Balls w/ Mashed Potatoes (GF, VEG, & V)	1 Grilled Chicken Sandwich w/Cheese (GF)

All lunches are served with fresh fruit and vegetables.

GF = Gluten-Free

VEG = Vegetarian

DF = Dairy-Free

V = Vegan

