

May

Lunch Vegan

Monday	Tuesday	Wednesday	Thursday	Friday
30 Vegetable & Tofu Stir-Fry (GF, VEG & V)	1 Baked Mostaccioli w/ Chickpeas (VEG & V)	2 Pasta w/ Beans & Vegetables (VEG & V)	3 Vegetable & Bean Chili w/ Oyster Crackers (VEG & V)	4 Sloppy Joes w/ Vegetables & Chickpeas (VEG & V)
7 Pasta w/ Vegetable Bolognese & Beans (VEG & V)	8 Lemon Pepper Tofu & Rice (GF, VEG, & V)	9 Mexican Lasagna w/ Chickpeas, Vegetables & DF Cheese (GF, VEG, & V)	10 Black Bean Tetrazzini (VEG & V)	11 BBQ Tofu & Vegetable Sandwich (VEG & V)
14 Cajun Rice & Beans w/ Tofu (GF, VEG, & V)	15 Black Bean Fajitas w Corn Tortilla (GF, VEG & V)	16 Black Bean Burger (VEG & V)	17 Bean & DF Cheese Quesadilla (GF, VEG, & V)	18 Lentil & Chickpea Balls w/ Mashed Potatoes (GF, VEG, & V)
21 Mac & Cheese w/ DF Cheese (GF, VEG & V)	22 Creamy Tomato Soup w/ Beans (VEG & V)	23 Cheesy Rice Bake w/ DF Cheese & Tofu (GF, VEG, & V)	24 Chickpea & Polenta Vegetable Nuggets (GF, VEG, & V)	25 Tofu Teriyaki w/ Rice (GF, VEG & V)
28 Cre No School Beans (VEG & V)	29 Black Bean Burger (VEG & V)	30 BBQ Tofu & Vegetable Sandwich (VEG & V)	31 Penne Pasta w/ Chickpea Balls & Marinara (VEG & V)	1 Vegan Meatloaf w/ Mashed Potatoes (GF, VEG, & V)

All lunches are served with fresh fruit and vegetables.

GF = Gluten-Free

VEG = Vegetarian

DF = Dairy-Free

V = Vegan

