

June

Lunch Vegan

Monday	Tuesday	Wednesday	Thursday	Friday
4 Vegetable & Tofu Stir-Fry (GF, VEG & V)	5 Vegetable & Hummus Caesar Wrap w/ DF Dressing (VEG, V, GF)	6 Mac & Cheese w/ DF Cheese (GF, VEG & V)	7 Bean & Vegetable Tacos (GF, VEG, & V)	8 Vegetable & Cheese Sandwich w/ DF Cheese (VEG & V)
11 Sloppy Joes w/ Vegetables & Chickpeas (VEG & V)	12 Vegetable & Bean Pasta Salad (V)	13 Cheese Quesadilla w/ DF Cheese (GF, VEG, & V)	14 Chickpea & Polenta Vegetable Nuggets (GF, VEG, & V)	15 Grilled Tofu & DF Cheese Sandwich (V & VEG)
18 Black Bean Tetrazzini (VEG & V)	19 Curry Tofu Salad Sandwich (VEG & V)	20 Vegan Meatloaf w/ Mashed Potatoes (GF, VEG, & V)	21 BBQ Tofu & Vegetable Sandwich (VEG & V)	22 Vegetable & Hummus Caesar Wrap w/ DF Dressing (VEG & V)
25 Lemon Pepper Tofu & Rice (GF, VEG, & V)	26 Vegetable & Cheese Sandwich w/ DF Cheese (VEG & V)	27 Greek Falafel w/ Pita (VEG, V)	28 Mexican Lasagna w/ Chickpeas, Vegetables & DF Cheese (GF, VEG, & V)	29 Vegetable & Bean Pasta Salad (V)

All lunches are served with fresh fruit and vegetables.

GF = Gluten-Free

VEG = Vegetarian

V = Vegan

