

January

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 Holiday No School	2 Chicken Curry w/ Rice (GF)	3 Meatballs w/ Mashed Potatoes - Turkey	4 Chicken Quesadilla	5 Mexican Lasagna w/ Beef (GF)
8 Mac & Cheese (VEG)	9 Chicken Taco	10 Beef Chili w/ Oyster Crackers	11 Cheesy Rice Bake w/ Beef (GF)	12 BBQ Chicken Sandwich
15 Holiday No School	16 Cajun Rice & Beans w/ Beef (GF)	17 Chicken Teriyaki w/ Rice (GF)	18 Grilled Cheese (VEG)	19 Cheeseburger
22 Turkey Tetrzzini	23 Cheese Pizza (VEG)	24 Lemon Pepper Chicken & Rice (GF)	25 Sloppy Joes w/ Turkey	26 Vegetable Beef Soup
29 Chicken Alfredo	30 Hush Puppies w/ Chickpeas & Ketchup (GF, VEG, V)	31 Chicken Stir-Fry (GF)	1 Pasta w/ Beef Bolognese Sauce	2 Chicken Tenders

All lunches are served with fresh fruit and vegetables.

GF = Gluten-Free

VEG = Vegetarian

DF = Dairy-Free

V = Vegan

