

April

Lunch Vegan

Monday	Tuesday	Wednesday	Thursday	Friday
2 Vegetable & Bean Chili w/ Oyster Crackers (VEG & V)	3 Bean & Vegetable Tacos (GF, VEG, & V)	4 Pasta Primavera w/ Marinara & Black Beans (VEG & V)	5 Mexican Lasagna w/ Chickpeas, Vegetables & DF Cheese (GF, VEG, & V)	6 Lemon Pepper Tofu & Rice (GF, VEG, & V)
9 Baked Mostaccioli w/ Chickpeas (VEG & V)	10 Swedish Lentil & Chickpea Balls w/ DF Gravy & Pasta (VEG, V)	11 Bean & DF Cheese Quesadilla (GF, VEG, & V)	12 BBQ Tofu & Vegetable Sandwich (VEG & V)	13 Cajun Rice & Beans w/ Tofu (GF, VEG, & V)
16 Mac & Cheese w/ DF Cheese (GF, VEG & V)	17 Chickpea & Polenta Vegetable Nuggets (GF, VEG, & V)	18 Creamy Tomato Soup w/ Beans (VEG & V)	19 Vegetable & Tofu Stir-Fry (GF, VEG & V)	20 Grilled Cheese w/ DF Cheese (VEG & V)
23 Pasta w/ Beans & Vegetables (VEG & V)	24 Black Bean Burger (VEG & V)	25 Vegan Meatloaf w/ Mashed Potatoes (GF, VEG, & V)	26 Tofu Teriyaki w/ Rice (GF, VEG & V)	27 Sloppy Joes w/ Vegetables & Chickpeas (VEG & V)

All lunches are served with fresh fruit and vegetables.

GF = Gluten-Free

VEG = Vegetarian

V = Vegan

